

January 2023 Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
No School 2	No School 3	Bananas 4 Chili Hot Dogs Cole Slaw Fresh Fruit	Snap Peas 5 Chicken Tenders Mashed Potatoes Corn WW Dinner Roll Fruit Mix	Orange Slices 6 Chicken Wild Rice Hotdish Peas and Carrots WW Dinner Roll Fresh Fruit
Apples 9 Breaded Chicken Patty Sandwich with Shredded Lettuce Tater Tots Carrot & Celery Sticks Fresh Fruit	Cucumbers 10 Taco in a Bag Pico, Lettuce & Onion Roasted Corn Fresh Fruit	Grapes 11 Chicken Noodle Soup Turkey Slider <u>Garden Bar</u> Fresh Fruit	Celery Sticks 12 Spaghetti with Meat Sauce Asparagus WW Garlic Bread Fresh Fruit	Half Day 13 Scalloped Potatoes & Ham Green Beans WW Dinner Roll Fresh Fruit
No School 16	Orange Slices 17 Meatball Subs WW Roll Caesar Salad Fresh Fruit	Jicama 18 Tomato Soup Grilled Cheese Fresh Sweet Pepper Mix Fresh Fruit	Carrot Sticks 19 BBQ Chicken Legs Corn on the Cob Baked Beans Corn Bread Fresh Fruit	Celery Sticks 20 Hamburger Wild Rice Hotdish Mixed Veggies WW Dinner Roll Fresh Fruit
Snap Peas 23 Hamburgers WW Bun Lettuce, Tomato, Onion Crinkle Cut Fries Celery & Carrot Sticks Fresh Fruit	Honeydew 24 Nachos Yellow Corn Tortilla Chips Pico, Lettuce & Onion Roasted Corn & Peppers Fresh Fruit	Apples 25 Chicken Wild Rice Soup Turkey Slider Garden Bar Fresh Fruit	Clementines 26 <u>Beef Tips</u> Brown Rice Green Beans Fresh Fruit	Bananas 27 Penne Pasta with Italian Sausage Steamed Broccoli & Cauliflower WW Breadstick Fresh Fruit
Carrot Sticks 30 Corn Dog Tater Tots Green Beans Fresh Fruit	Pears 31 Sweet & Sour Chicken Brown Rice Steamed Squash & Zucchini Fresh Fruit			

- All Meals are served with 1% or Chocolate Milk
- Fresh Fruit and Veggie Bar offered Daily
- Harvest of the Month/ Farm 2 School Highlighted Item

<u>Breakfast</u>				
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

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To file a program complaint of discrimination, complete the [USDA Program Discrimination Complaint Form](http://www.ascr.usda.gov/complaint_filing_cust.html), (AD-3027) [found online](http://www.ascr.usda.gov/complaint_filing_cust.html) at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or; (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Breakfast Sandwich Fresh Fruit	Cereal Fruit	Yogurt Berries Granola	Hot Cereal Fruit	Muffin Boiled Egg Fruit
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