

## Health information update

Fond du Lac Ojibwe School Families:

Welcome to the new school year! I hope you all are doing well! I want to thank-you all for doing your part in keeping our community, students, and families healthy during this time. We are excited to begin the school year with all students in person. I just want to remind everyone of the continued efforts needed to keep everyone safe and healthy as COVID-19 transmission is on the rise and continuing to circulate. Please read the following:

1. Every morning before your child is to attend in person, parents/guardians are asked to screen your child before getting on the bus. Please see the chart in the attached page to refer to and follow each morning.
  - a. You will need to keep your child home and call your physician if:
    - \*Your child or household contact have symptoms of COVID-19 (see back)
    - \*Your child or household member has tested positive for COVID-19
    - \*Your child has had close contact with someone who tested positive for COVID-19
    - \*If someone in your home has been tested (due to symptoms) and waiting for results
  - b. If your child is experiencing symptoms of COVID-19 we cannot allow your child back into school until:
    - \*We receive a documented COVID-19 negative test result OR
    - \*10 days have passed since symptoms started OR
    - \*An alternative diagnosis document is received by the nurse's office from your healthcare provider.
2. Remind your student to social distance while in school with classmates/others and outside within the community. This will be modeled by staff at school with frequent reminders.
3. Masks will be available to your child upon getting on the bus and will need to worn at all times while in route to school and while in school. This will be modeled by staff at school with frequent reminders.
4. Frequent hand-washing breaks and reminders will be given throughout the school day. Why? Because hand-washing is awesome and one of our best defenses against disease transmission!

As directed by the FDL EOC, our symptom checklist is slightly more stringent to keep our community safe and a little different from what you may see in public schools, the CDC (Center of Disease Control), or the MDH (Minnesota Department of Health). This means that any of the following symptoms will be considered a possible infection of COVID-19:

**Fever**

**Sore throat**

**Shortness of breath**

**Nasal congestion**

**Cough**

**Chills**

**Loss of taste or smell**

**Nausea/vomiting**

**Muscle aches**

**Diarrhea**

**Headache**

**Runny nose**

Furthermore, please keep in mind protocols may change weekly or even daily. Please refer to the following page for your use and health reminders. Thank-you again for your continued efforts, for being patient, and embracing our changing learning models. Please contact the school nurse with any questions regarding your child's health care needs at 218-878-7244. Stay healthy and safe!!

Tara Wolter, RN

School Nurse - FDLOS