



October 2024 Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<b style="color: red;">Apples 1 Taco in a Bag w/ Ground Turkey WG Tortilla Chips Fresh Pico, Shredded Lettuce, and Shredded Cheese Cilantro Lime Rice Roasted Corn & Peppers Fresh Fruit Mix	<b style="color: red;">Honeydew 2 Chicken Wild Rice Soup Turkey & Cheese on a WW Slider Bun Carrot & Celery Sticks Fresh Fruit Mix	<b style="color: red;">Carrot Sticks 3 Beef Tips over Egg Noodles Steamed Broccoli WW Dinner Roll Fresh Fruit Mix	Pokey Paro Pow Wow 4 Chef's Salad w/ Ham & Turkey Fresh Local Veggies WG Breadstick Fresh Fruit Mix
<b style="color: red;">Plums 7 Sloppy Joes WW Bun Corn on the Cob Potato Wedge Fresh Fruit Mix	<b style="color: red;">Celery Sticks 8 Orange Chicken over Brown Rice WG Egg Roll Steamed Asian Veg. Fresh Fruit Mix	<b style="color: red;">Honey Crisp Apples 9 Tomato Soup Grilled Cheese Steamed Broccoli Fresh Fruit Mix	<b style="color: red;">Snap Peas 10 Chicken Tenders over Mashed Potatoes w/ Gravy Corn, WW Roll Fresh Fruit Mix	Half Day 11 Beef Wild Rice Hotdish Steamed Mixed Veggies WW Roll Fresh Fruit Mix
14 No School Indigenous People's Day	<b style="color: red;">Broccoli 15 Shredded Beef Tacos Flour Tortilla Cilantro Lime Brown Rice Pico, Lettuce, Cheese Roasted Corn Fresh Fruit Mix	<b style="color: red;">Grapes 16 Hamburger Mac Soup Onions, Celery, Green Peppers and Diced Tomatoes , WG Bosco Stick Fresh Fruit Mix	<b style="color: red;">Cantaloupe 17 Chicken Tenders Mashed Potatoes w/ Gravy, Corn, WW Rolls Fresh Fruit Mix	<b style="color: red;">Carrot Sticks 18 Wood Fire Oven Pizza Sausage and Cheese Caesar Salad Fresh Fruit Mix
<b style="color: red;">Kiwi 21 Grilled Chicken Sandwich w/ Lettuce, Tomato, Onion Crinkle Cut Fries Carrot Sticks Fresh Fruit Mix	<b style="color: red;">Fresh Green Beans 22 Shrimp Poppers Wild Rice & Brown Rice Mix Roasted Carrots WW Roll Fresh Fruit Mix	<b style="color: red;">Watermelon 23 Broccoli Cheese Soup Turkey Slider Baked Potato Fresh Fruit Mix	<b style="color: red;">Zucchini 24 Hamburger Gravy over Mashed Potatoes Steamed Peas WW Rolls Fresh Fruit Mix	Half Day 25 WG Penne Pasta w/ Italian Sausage Steamed Broccoli WG Bread Sticks Fresh Fruit Mix
<b style="color: red;">Cucumbers 28 Hamburgers on a WW Bun Lettuce, Tomato, Onion Sweet Potato Fries Fresh Fruit Mix	<b style="color: red;">Honeydew 29 WG French Bread Pizza Boneless Chicken Wings Carrot & Celery Sticks Fresh Fruit Mix	<b style="color: red;">Plums 30 Vegetable Beef Stew Ham & Cheese Slider Mixed Berry Salad Fresh Fruit Mix	<b style="color: red;">Jicama 31 Turkey Ala King over WG Biscuits Steamed Peas & Carrots Fresh Fruit Mix	

- All Meals are served with 1% or Chocolate Milk
- Fruit and Veggie Bar offered Daily
- Harvest of the Month/ Farm 2 School Highlighted Item
- Menu Subject to Change.

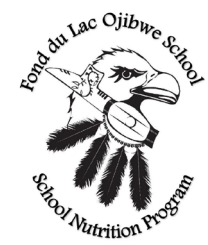
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(1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or; (3) email: program.intake@usda.gov.

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<u>Breakfast</u>				
<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast Sandwich Fresh Fruit	Cereal Fruit	Yogurt Berries Granola	Hot Cereal Fruit	Muffin Boiled Egg Fruit

Every Tuesday HOTM or Farm to School Meal or Side Dish

2nd Wednesday of every month HOTM or Farm to School Soup

Reminder: FFVP (Highlighted in Red) or Breakfast could also be HOTM or Farm to School

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