



## October Menu 2026

| <u>Monday</u>                                                                                                                                                                                                                                           | <u>Tuesday</u>                                                                                                                   | <u>Wednesday</u>                                                                                    | <u>Thursday</u>                                                                                              | <u>Friday</u>                                                                                                                                     |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                                                         |                                                                                                                                  |                                                                                                     | <b>Green Apples</b> 1<br>Spaghetti w/<br>Meat sauce<br>WG Garlic Bread<br><b>Caesar</b> Salad<br>Fresh Fruit | <b>Half Day</b> 2<br>Ultimate Mac & Cheese<br>Roasted Brussel<br>Sprouts and <b>Acorn</b><br><b>Squash</b><br>WG Bread Stick<br>Mixed Fresh Fruit |
| <b>Baby Carrots</b> 5<br>Hamburger<br>WW Bun<br>French Fries<br>Celery and <b>Carrot</b><br>Fresh Fruit                                                                                                                                                 | <b>Cantaloupe</b> 6<br>Taco in a Bag<br>Lettuce Cheese Pico<br><b>Cilantro</b> Lime Brown<br>Rice<br>Roasted Corn<br>Fresh Fruit | <b>Cucumbers</b> 7<br>Chicken <b>Wild Rice</b><br>Soup<br>Turkey Slider<br>Salad Bar<br>Fresh Fruit | <b>Kiwi</b> 8<br>Beef Tips over<br>Brown Rice<br>Steamed Green Beans<br>WW Roll<br>Fresh Fruit               | <b>Banana</b> 9<br>Lasagna<br>WG Bread Stick<br><b>Broccoli</b> Salad<br>Fresh Fruit                                                              |
| 12<br>Indigenous People's<br>Day                                                                                                                                                                                                                        | <b>Broccoli</b> 13<br>Sweet and Sour<br>Chicken<br>Pork Egg Roll<br>Brown Rice<br>Mixed Veggies<br>Fresh Fruit                   | <b>Green Grapes</b> 14<br>Tomato Soup<br>Grilled Cheese<br>Salad Bar<br>Fresh Fruit Mix             | <b>Snap Peas</b> 15<br>Pulled Chicken<br>WW Bun<br><b>Coleslaw</b><br>Baked Beans<br>Fresh Fruit             | <b>Half Day</b> 16<br><b>Turkey</b> Ala King<br>WW Biscuit<br>Cucumber Tomato<br>Salad<br>Fresh Fruit                                             |
| <b>Orange Slices</b> 19<br>Grilled Chicken<br>WW Bun<br>Lettuce Tomato Onion<br>Potato Wedges<br>Fresh Fruit                                                                                                                                            | <b>Sweet Peppers</b> 20<br>Meatball Sandwich<br>WW Hoagie<br><b>Caesar</b> Salad<br>Fresh Fruit Mix                              | <b>Pineapple</b> 21<br>Vegetable Beef Stew<br>WW Dinner Roll<br><b>Salad</b> Bar<br>Mixed Fruit     | <b>Red Apples</b> 22<br>Hamburger Gravy<br>Mashed Potato<br>Green Beans<br>WW Roll<br>Fresh Fruit Mix        | Pokey Paro Pow Wow 23<br><b>Hot Dish</b> Day<br>WG Bread Stick<br>Mixed Veggies<br>Fresh Fruit                                                    |
| <b>Honeydew</b> 26<br>Sloppy Joes<br>WW Bun<br>Tater Tots<br>Steamed Veggies<br>Fresh Fruit Mix                                                                                                                                                         | <b>Zucchini</b> 27<br>Soft Shell Taco<br>Lettuce Cheese Pico<br>Spanish Brown Rice<br>Roasted Corn<br>Fresh Fruit Mix            | <b>Plums</b> 28<br><b>Pork</b> Boiled Dinner<br>WW Roll<br>Salad Bar<br>Mixed Fruit                 | <b>Cutie Oranges</b> 29<br>Chicken Tenders<br>Mashed Potatoes<br>Corn<br>Fresh Fruit Mix                     | <b>Half Day</b> 30<br><b>Venison</b> Mac Hot<br>Dish<br>WG Garlic Toast<br>Carrot Sticks<br>Fresh Fruit                                           |
| <ul style="list-style-type: none"> <li>• All Meals are Served With 1% or Chocolate Milk</li> <li>• Fruit and Vegetable Bar Offered Daily</li> <li>• <b>Farm 2 School Highlighted Item/Harvest of Month</b></li> <li>• Menu Subject to Change</li> </ul> |                                                                                                                                  |                                                                                                     |                                                                                                              |                                                                                                                                                   |

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(1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or; (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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| Breakfast                         |                                     |                                        |                                    |                                                  |
|-----------------------------------|-------------------------------------|----------------------------------------|------------------------------------|--------------------------------------------------|
| Monday                            | Tuesday                             | Wednesday                              | Thursday                           | Friday                                           |
| Breakfast Sandwich<br>Fresh Fruit | Cereal<br>Fresh Fruit<br>Hash Brown | Yogurt<br>Berries<br>Granola<br>Muffin | Hot Cereal<br>Fresh Fruit<br>Bagel | Waffle/Pancake/<br>Cinnamon Roll<br>Egg<br>Fruit |

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